



Date

Participant Name
Address
City, State Zip Code

RE: MO HealthNet Health and Wellness Program administered by APS Healthcare

Dear Participant:

MO HealthNet is the new name for Medicaid in Missouri. MO HealthNet is giving you a new service to help you take better care of your health. This service is **FREE**. You are enrolled in the MO HealthNet Health and Wellness Program based on your MO HealthNet health data. The MO HealthNet Division has asked APS Healthcare to work with you to offer the MO HealthNet Health and Wellness Program.

The program is **FREE** and **voluntary**. It offers a Nurse Health Coach who will work with you on your overall health and will help you talk to your doctor about your treatment. The Nurse Health Coach can also talk with you and your doctor about your doctor's care plan.

Information about your Rights and Responsibilities in the MO HealthNet Health and Wellness Program is attached to this letter. We have also included a Participant Agreement and Consent Form that we ask you to sign as part of the Program. Please sign the Agreement and Consent Form and mail it back to us in the stamped, self-addressed envelope provided in this mailing.

We look forward to talking with you soon by telephone. We will be sending you information about how to talk with your doctor, and ways to improve your overall health.

You may call APS Healthcare toll-free at **1-866-464-7147** or for hearing or speech impaired by Relay Missouri TDD at 1-800-735-2466 (TEXT) or 1-800-735-2966 (VOICE). Our staff will be happy to share more information about the MO HealthNet Health and Wellness Program and answer any questions you may have.

Again, this MO HealthNet Health and Wellness Program is voluntary. You may stop taking part in the MO HealthNet Health and Wellness Program at any time without affecting your MO HealthNet benefits by calling APS Healthcare toll-free at **1-866-464-7147** or for hearing or speech impaired by Relay Missouri TDD at 1-800-735-2466 (TEXT) or 1-800-735-2966 (VOICE). However, we encourage you to take advantage of this free new healthcare program.

Sincerely,

A handwritten signature in black ink, appearing to read "Chelmer L. Barrow, Jr.", written over a faint circular stamp.

Chelmer L. Barrow, Jr., D.O., FACP

MO HealthNet Health and Wellness Program Medical Director

08/29/2008